

## MVPS RSE Curriculum Overview

<b>EYFS Reception</b>	<b>Family and Friendship</b>
	<p><b>Knowledge and understanding</b></p> <p>To recognise the importance of friendship</p> <p>To recognise the importance of saying sorry and forgiveness</p> <p>To recognise that all families are different</p> <p><b>Skills</b></p> <p>Respond appropriately to others</p> <p>Establish reciprocal friendships</p> <p>Develop a feeling of understanding for others</p> <p>Respect others and appreciate difference and similarities between people</p> <p><b>Vocabulary</b></p> <p>Friendship, kindness, happy, sad, shy, feelings. Lonely, sorry, angry, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad, foster mum, foster dad</p>
<b>Year 1</b>	<b>Growing and caring for Ourselves</b>
	<p><b>Knowledge and understanding</b></p> <p>To understand that we are all different but can still be friends</p> <p>To discuss how children grow and change</p> <p>To explore different types of families and who to ask for help</p> <p>To identify who can help when families make us feel unhappy or unsafe</p> <p><b>Skills</b></p> <p>Identify and respect differences and similarities between people</p> <p>Share their opinions and explain their views through discussions</p> <p><b>Vocabulary</b></p> <p>Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva</p>

<b>Year 2</b>	<b>Differences</b>
	<p><b>Knowledge and understanding</b></p> <p>To introduce the concept of gender stereotypes</p> <p>To identify differences between males and females</p> <p>To explore some of the differences between males and females and to understand how this is part of the lifecycle</p> <p>To focus on sexual difference and name body parts</p> <p><b>Skills</b></p> <p>Share their opinions and explain their views through discussions</p> <p>Recognise and challenge stereotypes</p> <p>Respond appropriately to familiar images</p> <p><b>Vocabulary</b></p> <p><b>Vocabulary</b></p> <p>Similar. Different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vulva</p>
<b>Year 3</b>	<b>Valuing Difference and Keeping Safe</b>
	<p><b>Knowledge and understanding</b></p> <p>To identify that people are unique and to respect those differences</p> <p>To explore differences between male and female bodies</p> <p>To consider appropriate and inappropriate physical contact and consent</p> <p>To explore different types of families and who to go to for help and support</p> <p><b>Skills</b></p> <p>Talk about who to go to for help and support</p> <p>Establish rules for people who are allowed to touch our private parts</p> <p>Develop strategies for coping with unwanted touches.</p> <p><b>Vocabulary</b></p>

	Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering adoption, relationship
<b>Year 4</b>	<b>Growing Up</b>
	<p><b>Knowledge and understanding</b>  To explore the human lifecycle</p> <p>To identify some basic facts about puberty</p> <p>To explore how puberty is linked to reproduction</p> <p>To explore respect in a range of relationships</p> <p>To discuss the characteristics of healthy relationships</p> <p><b>Skills</b>  Develop strategies to express their feelings</p> <p>Talk about changes that happen during puberty</p> <p>Talk about and recognise how respect is important in all relationships, including online</p> <p><b>Vocabulary</b>  Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings</p>
<b>Year 5</b>	<b>Puberty</b>
	<p><b>Knowledge and understanding</b>  To explore the emotional and physical changes occurring in puberty</p> <p>To understand male and female changes in more detail</p> <p>To explore the impact of puberty on the body and the importance of physical hygiene</p> <p>Explore ways to get some support during puberty</p> <p><b>Skills</b>  Establish rules for using agreed names/terms for body parts.</p> <p>Engage in discussion about which parts of the body have grown and changes the most – male and female pictures</p> <p>Use models and pictures to show their understanding</p> <p>Feel confident to discuss their understanding</p>

	<p>Show respect for the wishes and privacy of others</p> <p>Carry out personal care independently</p> <p>Discuss how they feel</p> <p>develop strategies to deal with other people’s emotions.</p> <p>understand how they are feeling.</p> <p><b>Vocabulary</b>          Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings</p>
<b>Year 6</b>	<b>Puberty, relationships and Reproduction</b>
	<p><b>Knowledge and understanding</b></p> <p>To consider puberty and reproduction</p> <p>Explore the importance of communication and respect in relationships</p> <p>To consider different ways people might start a family</p> <p>To explore positive and negative ways of communicating in a relationship</p> <p><b>Skills</b></p> <p>Use models and pictures to show their understanding</p> <p>Feel confident to discuss their understanding</p> <p>Show respect for the wishes and privacy of others</p> <p><b>Vocabulary</b>          Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety</p>

